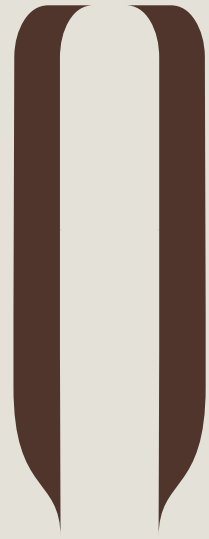


Pause.

SPA & STUDIO DESIGNED FOR WOMEN



THE RITUAL SERIES

Duration	Price
20 minutes	₹1,500
45 minutes	₹3,000
60 minutes	₹5,000
90 minutes	₹7,500



Tibetan Mountain Calm

(60/90 mins)

Inspired by traditional Himalayan healing rituals, this grounding massage uses rhythmic strokes and targeted acupressure techniques to restore balance and calm the nervous system. Deeply soothing and restorative, it helps quiet the mind, release tension and bring a sense of inner stillness.



Facials

(60 mins)

Where advanced skincare meets the healing power of touch. Each facial is thoughtfully designed to deeply cleanse, hydrate and revive your skin while promoting relaxation and overall well-being. From glow-boosting hydration to purifying care, every treatment leaves your skin radiant, refreshed and beautifully balanced.

Ayurvedic | Glass Glow | Ivory Milk |
Purifying Bright Glow | Illuminati



Shirodhara

(60/90 mins)

A deeply calming Ayurvedic therapy where a gentle stream of warm oil flows continuously over the forehead and scalp. Designed to relax the nervous system and restore mind-body balance, this meditative treatment helps ease stress, improve sleep and promote deep relaxation. You leave feeling calm, clear and completely restored.



Four Hands Massage is available as an enhancement for select therapies, subject to treatment suitability and availability. Therapy durations can be tailored and extended to suit your individual needs. Contact us to personalise your experience.

Body Scrub

(45 mins)

A luxurious full-body exfoliation ritual designed to smooth, brighten and revive tired skin. Enriched with nourishing oils and gentle polishing techniques, this glow-boosting treatment leaves your skin feeling silky-soft, deeply hydrated and radiant all over.



Sea Salt Drift Bath

(20 mins)

A revitalising body ritual using coarse sea salts and aromatic essences to gently exfoliate, remineralise and refresh the skin. This energising soak helps soften the body, boost circulation and leave your skin glowing and renewed.



Four Hands Massage is available as an enhancement for select therapies, subject to treatment suitability and availability. Therapy durations can be tailored and extended to suit your individual needs. Contact us to personalise your experience.